

Mindfulness

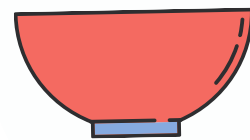
- Provides an opportunity to explore the senses (touch, sight, sound).
- Encourages focus and calming benefits.



Fine Motor Skills

- Mixing ingredients builds hand muscles.
- Playing with slime builds dexterity.

WHAT AM I LEARNING WHILE MAKING SLIME?



Independent Play

- Discovery and investigation without distractions.

Numeracy & Science Exploration

- Measuring the ingredients when mixing the slime.
- Watching the chemical reaction occur when combining ingredients.

Creativity

- What happens when colours are mixed?
- What happens when items (i.e. glitter) are added to the slime?

